



Community Growing Project Newsletter March 2016

Big Horshader Cook Off

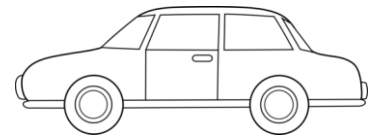


The Cook Off; two sides, five key ingredients two different menu options, and YOU decide which one wins! We have Kenny MacKay, Chef at the Caberfeidh, against Maggie Mackenzie and Fiona MacLeod, going head to head for your vote, with Angus Macdonald, BBC, acting as M.C for the evening. So come along and celebrate the success of the project with a fun night and taste some great fresh food!

Tuesday 29th March, 7.30pm at Ionad na Seann Sgoil, Shawbost

To book your place call 701 225 or email finlay@horshader.com

FuelGood Training



We are running FuelGood driver sessions on Monday 21st - Wednesday 23rd March, the short 50min training session could help save you £200 on fuel a year! Get in touch if you want to take part, finlay@horshader.com or call 701 225

This will be our last outreach event for the project, unless additional funding is secured. We would like to thank everyone for their support for the project over the past two years. A report will be available next month of the community carbon emissions savings made during the project! But don't worry David Murdo will continue to grow at the polytunnels, with Farmer's Markets coming soon!

School Partnership



We are delighted to be partnering with the children at Shawbost school, the p4-7 classes are making weekly trips to learn about the growing process from enriching the soil to harvest. Each child has their own plot to tend where they have planted early potatoes and peas, and we are having a competition to see who can grow the tallest sunflower. The children will also be making their own compost and learning about our solar powered rain water harvesting system. We hope to have plenty green fingered growers in Shawbost for years to come.



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Fitness Class

In January we hosted a Circuit Training Taster Class, at Ionad na Seann Sgoil. Many thanks to Janice Mackay for leading the class, there was good number in attendance and everyone enjoyed the class, a great start to those new year resolutions (remember them). Janice is now running a weekly class on a Thursday, if you want more information why not visit her facebook page

www.facebook.com/Janicemackaypt/



New allotment holders

We are pleased that we to welcome 3 new allotment holders to our Community Allotment Tunnels for the coming growing year. We offer two of our polycrubs to allotment holders to grow their own fresh fruit and vegetables! All the plots are now full, but if you are interested in an allotment let us know and we can put your name down on a waiting list. If you want to get involved in gardening, we will always warmly welcome volunteers to help with the ongoing growing!

Gardening panel

In February we held a Gardening panel event, with a wealth of experience both on the panel and the audience, there was plenty to talk about! Great tips and lots of inspiration to start thinking about growing your own. Many thanks to John Murdo MacKay, Shader, Stuart Oakley, Kirsty MacDonald and Peter Harlington, Carloway and Aonaghas Seoig for sitting on the panel.

What is seasonal and fresh in the shops this month:

Beetroot, Cabbage, Carrots, Onions, Parsnip

What to sow this month:

Onions, Shallot and Garlic sets

Cold-stored strawberry runners

Top tip: Try covering beds with clear polythene or fleece to warm up the soil before sowing!



Get in Touch

- David Murdo MacKay, Gardener: davidm@horshader.com





- Finlay J. MacLennan, Outreach Officer: finlay@horshader.com, 07444 148836
- Office: Horshader Community Growing Project, Raebhat House, Shawbost HS2 9BD - 01851 701225

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