



Community Growing Project Newsletter July 2014

Vegetable Box Scheme



Our first veg box delivery went ahead on Friday July 25th, with our "summer taster" boxes going out to households in South Shawbost, North Shawbost, Carloway, and Arnol. The boxes contained a tasty sample of fruit and vegetables including lettuce, cabbage, salad potatoes, beetroot, and rhubarb, all of which were grown in our polycrubs and harvested the day of the sale. As the project is still in its early stages - and only part-way through its first season - we were unable to supply medium and large veg boxes this time, but the "pick and mix" boxes gave some indication of the variety and quality of produce that we will be able to supply as we move further into the growing cycle.

Speaking of which, we are pleased to announce that our next veg box delivery is planned for a couple of weeks' time! Drop us an email, give us a ring, or write to us at the Horshader Office by **Wednesday 20th August** if you are interested in receiving one of our veg boxes and haven't registered your details with us. In order to help us to meet demand this delivery will be of small boxes only, costing £10. These will contain a selection of fruit and vegetables including lettuces, carrots, and tomatoes.



Tell us what to grow - and win a veg box!

Our recent veg box sale has cleared space in our polycrubs, which we will soon be filling with new plants. We would like to give you the opportunity to tell us what kinds of fruit and vegetables you want us to grow by completing and returning the form attached to this newsletter. Everybody who returns their form to us by **Wednesday 20th August** will also have the chance to guess the weight of the marrow to win a free veg box during our next delivery. See the form for more details, plus a photograph of the marrow in question!



P.T.O.



Congratulations to Allotment Holders!



We are sure everybody will agree that the allotment units are looking fantastic at Shawbost (left) and Dalmore (right). Many congratulations to all our allotment holders on the excellent results of their enthusiasm and hard work!



Summer Event

Make sure that you look out for details of our next event - the theme of the day will be Summer Healthy Living, and will feature a cookery demonstration using seasonal produce to prepare delicious meals as well as information on getting active and enjoying the remainder of the season. Immediately after the main event there will also be a workshop on vegetable-growing through the winter, which will be of particular interest to allotment holders, volunteers, and keen gardeners. This will cover issues such as suitable produce to sow at this time of year, strategies to extend the growing season, and winter maintenance of vegetable plots and polytunnels. The event will be open to all and free to attend, with refreshments available. Keep an eye out for posters appearing soon!

Appeal for gardening books, hints and tips, and recipes



Do you have any ingenious gardening hints and tips or recipes that you would like to share with your community via our newsletter? Does your shed have any old, unused tools lying around that you would like to donate to our tool-recycling and sharing scheme? Are there any dusty, neglected gardening or cookery books lurking in your house that are yearning for a new lease of life in our community garden library? If so, we would love to hear from you! Just get in touch using the contact details at the bottom of this page if you think you can help.

Get in Touch

- David Murdo MacKay, Gardener: davidm@horshader.com
- Meg MacDonald, Outreach Officer: meg@horshader.com; drop in sessions at Horshader Office, Ionad na Seann Sgoil, Shawbost Fridays 09.00-12.30
- Horshader Office Number: 01851 710241

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